



San Diego County

**4-H**  
Youth  
DEVELOPMENT  
PROGRAM

CITIZENSHIP  
LEADERSHIP  
LIFE SKILLS



# 4-H Memos

## ALL STAR REPORT

### San Diego County 4-H Leaders' Council

Drew Middleton  
President  
drumanator@aol.com

Charla Cranor  
Vice President  
Arabian@nether.net

Charlie Knust  
Vice President  
knust@ncdpoa.org

Kevin Fletcher  
Treasurer  
K.fletch@cox.net

Cathy Mitchell  
Secretary  
zubizoe@aol.com

Taylor Robertson  
Corresponding Secretary

### 4-H Staff

Sue Manglallan  
4-H Advisor  
ssmanaglallan@ucdavis.edu

Steve Dasher  
4-H Advisor  
hsdasher@ucdavis.edu

Quang "Hogan" Tong  
Program Representative  
qtong@ucdavis.edu

Colleen Tschumperlin  
Volunteer Coordinator  
colleen.tschumperlin@sdcounty.ca.gov

Terry Walker  
4-H Secretary/Publisher  
terry.walker@sdcounty.ca.gov

4-H San Diego County  
Phone: (858) 694-2861  
Fax: 858-694-2849



The health of an organization can be marked by its ability to adapt to change, by its ability to weather through time and still be relevant to its ideals. In San Diego we have been successful over the years since 4-H is still here after almost a century of service to our members and communities.

One of the barometers that I have to demonstrate a healthy youth organization is its youth leaders. Recently we held our All Star information night and we had a good showing. This year we can expect at least 10 applicants for the All Star rank. All the candidates that I know represent some of 4-H's brightest young leaders from all over the county. This is a marked difference from a few years ago when there was just three young All Stars hailing from Escondido.

Fallbrook, Escondido, Olivenhain Valley, San Dieguito, Jamul Chaparros, have teen leaders who will be applying for the highest rank that San Diego County 4-H can give. We hope that parents and leaders are encouraging members to participate in earning their stars and hopefully one day becoming an All Star themselves.

All Stars are the Ambassadors of the 4-H Program in a county. As an Ambassador, the All Star visits other 4-H Clubs, reaches out to other organizations within the community, attends and participates in the State 4-H Leadership Conference, 4-H County meetings and conducts events, and other activities. Typically, the All Stars plan their own program within the established guidelines. Their "Plan of Action" includes planning and leading a county event, field trips, visiting clubs, participating in Council meetings, presenting the 4-H program to other agencies, etc. Throughout the All Star year, new and challenging situations are encountered. The chance to learn, to grow, and to make a difference is what the All Star program is all about!

Applications are now being accepted for San Diego All-Star Program. Applications are due on **February 28, 2007** at the end of the business day. An informational session to discuss the program and to answer questions from parents and members was held on January 8<sup>th</sup>, 2007 at 6 pm. The Teen Council Meeting followed at 7pm. For more information please contact the County 4-H Office at 858-495-5190 or the All Star Advisor Kevin Fletcher at 619-669-1057.

5555 OVERLAND AVENUE, BLDG. 4, SUITE 4101, SAN DIEGO, CA 92123 (858) 694-2861

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FEBRUARY, 2007

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## BULLETINS

**Statewide 4-H College Scholarship** applications are now available. High school seniors and college students are eligible to apply. Scholarships are available in various categories and award amounts. Applications are available at <http://ca4h.org/4hresource/ir/index.asp>.

**Deadline: April 30, 2007.**

The **2007 Golden Clover Awards** are awarded in recognition for outstanding achievement and recognize 4-H members, volunteers, and groups in various categories. Nominate someone or nominate yourself! Award applications are available at: <http://ca4h.org/4hresource/ir/goldenclover/index.asp> and are due **August 31, 2007**.

The 4-H State Ambassador team is recruiting **educational session proposals** for the **2007 4-H State Leadership Conference** being held August 2 - 5, 2007 at UC Davis. This year's theme "*4-H Wants YOUth: Laughing, Learning, Living and Loving*" conveys the multi-faceted aspect of 4-H programming. More information is available at <http://ca4h.org/conference/slc/>. Workshop proposals are due **March 2, 2007** to the State 4-H Office.

The Collegiate 4-H Club at UC Davis is pleased to present "**4-H You See Davis Days**" for high school students on April 12-14, 2007. This three day, activity-filled event is an opportunity for participants to experience college life at U.C. Davis. Registration forms are due **March 15, 2007** and may be found at: <http://clubs.ca4h.org/collegiate4h/ucd/ysddays.htm>.

## ART AND DESIGN DAY

Art and Design Day will be held on March 10 at the Lakeside Community Center. Favorite Foods, Fashion Revue and all other categories you have come to expect in the past- gardening, industrial arts, photography, community service, art, crafts, projects in process, and many more...will be included. Judging is an interview style format and 4-Hers will be evaluated on how they verbally convey what they have learned in the project. In general, any project that does not have a live animal that is a 4-H project can participate. Mark the date on your calendars and watch for future announcements.

Any club interested in fundraising by selling breakfast and lunch items at Art and Design Day on 3/10/07 at the Lakeside Community Center, please contact Beth Prinz at [bandbprinz@jps.net](mailto:bandbprinz@jps.net) or 760-788-8991.

An Engineering Challenge that is, just build a bridge. Sounds simple enough? OK, so we will make it a little harder for you. The bridge is made out of Soda straws. What! Still too easy for you? OK, so we will make it even harder, a real challenge.

**Purpose:** To provide an avenue for groups of youths to compete in a county level event while introducing the youth to concepts of Engineering.

**Challenge:** Design and construct a model road bridge made exclusively from soda straws, hot melt glue, and plastic tabs. The bridge should be as light as possible while being able to support a load, represented as a model truck weighing 6.5 pounds for one minute.

**Components:**

Written report

Oral report

Design and construction

Performance

Teams: Two to Four Youth 4-H Members

Next meeting is February 17, 2007

For more information please contact Bill Woodall at [bwoodall@lamppost.dhs.org](mailto:bwoodall@lamppost.dhs.org) or 760-631-1812

# Planning A 4-H Presentation

## A Few Easy Steps



### Step One:

WHAT is the subject matter you wish to present? Select a subject in which YOU are interested and would like to teach to other people.

### Step Two:

NARROW DOWN the subject to a specific topic or process, i.e. types of seams or steps for a natural wood finish.

### Step Three:

WHO is your intended audience: adults, teens, primary members, experts, or novices, etc.?

### Step Four:

RESEARCH your topic. Find out the most accurate and recent information on your topic. Consult your project leader, member guides, magazines, books, web sites, encyclopedias.

### Step Five:

WHY are you giving the presentation – to inform, teach facts, motivate to action, to stimulate thought, to show a process? Write out in one sentence what you would like your audience to be able to do as a result of watching your presentation.

Suggestion: You may want to set up a self-evaluation test at the conclusion of your presentation; ask one member of the audience to participate with you in performing the skill. “Let’s see if you can identify poisonous plants with the techniques I have just demonstrated.”

### Step Six:

DECIDE YOUR CONCLUSION FIRST. Every piece tells the story. If a part does not fit the story objective, take it out.

### Step Seven:

HOW WILL YOU DO your presentation? Develop an outline of your presentation.

- State your purpose
- Write out your title

Divide your outline into the introduction, body, and conclusion

INTRODUCTION: Use an opening device to create interest in your topic. Then present the main idea which can be the purpose of your presentation, thesis or topic sentence. Then preview the main points you intend to cover in the body of your presentation.

Example:

Problem: “One of the most common problems people have on hikes in the wilderness is that they are unable to distinguish between poisonous plants and nonpoisonous plants. For example, how often have you heard stories about people who sat down on a patch of Poison Oak?”

Solution: “Today I am going to show you how to identify three common poisonous plants. As a result of being able to identify these plants, you will be able to avoid them and thus enjoy your visits to the wilderness.”

BODY:

Tell them and show them. Tell them the three main points of your talk.

Example:

“Three common poisonous plants are:

1. poison oak
2. stinging nettle
3. oleander”

Show the plants as you talk.

1. “Three types of poison oak are:”
- “Three characteristics of nettles are:”

Examples:

- “Leaf These Plants Alone”
- “Look But Don’t Touch”

### Step Nine:

PREPARE YOUR MATERIALS for the presentation

- Use poster board or other materials to illustrate the main points of your presentation;
- Use your outline to serve as the text of your poster board illustrations; and

Select models and hand-held objects to be used in the presentation.

PRACTICE your presentation. How will you set up your workspace? How will you handle the materials as you show them? Where will you place them when you put them down?

### Step Eleven:

Try to anticipate questions that may come up and find answers to those questions.

### Step Twelve:

PRACTICE your presentation again, and again, and again! While practicing, try not to memorize your presentation word for word. Keep your delivery fresh and exciting.

## **JUNIOR LEADERSHIP CAMP DIRECTOR - TEEN JOB DESCRIPTION**

San Diego County 4-H Teen Council is now accepting applications for a new position. This position is appointed for one year terms. Below is the job description of the position. This announcement will close March 2, 2007. Interviews will begin March 5, 2007. All interested in applying for the Junior Leadership Camp Teen Director please contact Quang "Hogan" Tong for an application.

### **Junior Leadership Camp Director - Teen Job Description**

#### **Minimum Qualifications**

- At least one year of Teen Leadership experience (i.e., Teen Leader, camp counselor, committee chair person, Teen Council Board member, club officer)
- Ability to supervise staff and campers
- Ability to meet the public
- Ability to plan, originate, organize, and carry out daily and special programs
- Understand the 4-H essential elements, mission and direction

#### **Responsible To**

San Diego County Teen Council, County Council, YDP Staff

#### **Camp Goals**

This job description should include specific responsibilities to help identify and define the goals of the camp and the goals of camper development, and/ or reflect the director's role in carrying out these goals as defined by the 4-H organization.

#### **General Responsibility**

To plan, direct, and supervise all camp programs and staff at Junior Leadership Camp.

1. Define camp goals and/ or define and plan program to reflect camp goals.
2. Originate and carry out a system for recruiting campers and staff utilizing brochures, telephone calls, reunions, hot prospect lists, etc.
3. Prepare and conduct pre-camp and in-service staff trainings.
4. Order or supervise the ordering of food, supplies, and equipment, and arrange for proper distribution.
5. Set and supervise office procedures, opening-and closing-day procedures for staff and campers.
6. Develop routines, schedules, and procedures for camp operation.
7. Assign staff activities and other responsibilities.
8. Assign staff and campers to cabins or groups.
9. Supervise and evaluate, or supervise evaluations of, all operations and program staff.
10. Prepare an evaluation and summary of current season including inventories, staff evaluations, camper reports, and recommendations for the following season.
11. Help provide an atmosphere for developing good morale and well-being among the camp family.

## JUNIOR LEADERSHIP CAMP SURVEY

Please take a moment to complete this survey for Teen Council. Teen Council would like to better serve our 4-H community by learning what more they can do to better plan Junior Leadership Camp.

On a scale of 1 to 5 with 1 being you greatly disagree with the statement and 5 you greatly agree with the statement how would you rate these questions?

	Disagree				Agree
I know what Junior Leadership Camp is?	1	2	3	4	5
I read the San Diego County newsletter?	1	2	3	4	5
Cost was an issue?	1	2	3	4	5
Transportation was an issue?	1	2	3	4	5
Date was a problem?	1	2	3	4	5

If you were to attend Junior Leadership Camp please rate these activities in importance with 1 being least important and 5 being very important.

Games	1	2	3	4	5
Sessions are educational and interactive	1	2	3	4	5
Socializing	1	2	3	4	5
Dance	1	2	3	4	5
Getting away from home/parents	1	2	3	4	5

I was not interested in attending Junior Leadership Camp. Why or Why not

How would you like to be informed about Teen Council events? Please circle one.

Email                                      Phone                                      Newsletter                                      Regular mail

Name\_\_\_\_\_ Age\_\_\_\_\_

Club\_\_\_\_\_ Years in 4-H\_\_\_\_\_

**COUNTY LEARNING DAY  
DOG SHOW**

**SATURDAY, MARCH 3, 2007**  
Lakeside Rodeo Grounds  
Lakeside CA

Pre-entry ONLY. Entries must be postmarked by **February 10, 2007.**

**NO LATE ENTRIES WILL BE ACCEPTED**

Please fill out one entry form **PER DOG** entered.

Entry Fee: \$5.00 for each class entered.

**Make CHECKS payable to and mail ENTRIES to: Bonnie Trigg**  
**5248 Sandalwood Place**  
**Oceanside CA 92056**

Check in begins at 8:15 a.m. Judging will begin at 9:00 a.m. unless otherwise stated at show. All dogs must be kept on-leash at all times. San Diego County Dog Show Rules will be followed. Need more info? Call 760-630-1523

*Please Print*

Dog 4-H ID Number \_\_\_\_\_ 4-H Club \_\_\_\_\_  
Dog Name \_\_\_\_\_ Breed \_\_\_\_\_  
Member Name \_\_\_\_\_ Members Birth Date \_\_\_\_\_  
Address \_\_\_\_\_ City \_\_\_\_\_  
Zip \_\_\_\_\_ Phone \_\_\_\_\_ Entry Fee Enclosed \_\_\_\_\_

1. **Circle** your age group: (Age is defined as child's age on 12-31-06)

**Primary:** Under 9    **Junior:** 9 & 10 years    **Intermediate** 11,12,13 years    **Senior:** 14& older

2. **Circle** class(s) entered with this dog:

SHOWMANSHIP	OBEDIENCE	
Primary	Primary	_____
Novice	Beginning Novice A	Member's Signature
Open A	Beginning Novice B	
Open B	Novice A	_____
Master	Novice B	Project Leader Signature
	Graduate Novice	
	Open A	_____
	Open B	Parent Signature

**RALLY DEMONSTRATION - NO CHARGE FOR CLASSES**

Junior 4-H  
Intermediate 4-H  
Senior 4-H

## SAN DIEGO COUNTY 4-H CALENDAR

DATE	EVENT	LOCATION	PHONE or CODE
<b>February</b> <b>3</b> <b>5</b> <b>12</b> <b>12</b> <b>17</b> <b>18</b> <b>23</b>	Super Saturday/Horse Ed Day County Council Exec All Star Meeting Teen Council Meeting Engineering Chal. Status Horse Regional All Star Applications Due	Lakeside Rodeo Grounds 4-H Office Gate Code 1107# 4-H Office Gate Code 1107# 4-H Office Gate Code 1107# 4-H Office Gate Code 1107# TBA 4-H Office Gate Code 1107#	Jessica Dreher/ Kayla Cliff Drew 858-756-2004 Kevin 619-669-1057 Cathy Mitchell Bill Woodall Carmen 760-966-0307 Kevin 619-669-1057
<b>March</b> <b>3</b> <b>5</b> <b>10</b> <b>13</b> <b>16</b> <b>17</b> <b>24</b>	County Dog Learning Day All County Council Meeting Art and Design Day Horse Advisory Engineering Chal. Status Leaders' Thank You Breakfast County Presentation Day	Lakeside 4-H Office Gate Code 1107# 4-H Office Gate Code 1107# 4-H Office Gate Code 1107# 4-H Office Gate Code 1107# Hilltop TBA	Bonnie 760-630-1523 Drew 858-756-2004 Beth 760-788-8991 Carmen 760-966-0307 Bill Woodall Hogan 858-495-5190 Carol & Mike Hillebrecht
<b>April</b> <b>2</b>  <b>10</b> <b>28</b>	County Council Special-Marketing Meeting Horse Advisory Meeting Bonsall Dog Show	4-H Office Gate Code 9317#  4-H Office Gate Code 9317# 4-H Office Gate Code 9317#	Drew 858-756-2004  Carmen 760-966-0307 Bonnie Trigg

Every member is encouraged to give a presentation each year. Show what you've learned; give a presentation. San Diego County Presentation Day is coming up March 24<sup>th</sup>! Come on out to show what you learned, all are invited to attend. This year an amateur talent show is being conducted by Teen Council to add a little fun to the occasion. For more information on County Presentation Day please contact Mike or Carol Hillebrecht at 760-489-5552. For more information on the Talent Show please contact Jack Robertson III at 858-495-5190.

SUE MANGLALLAN  
 4-H Youth Development Advisor  
 ssmanglallan@ucdavis.edu

STEVE DASHER  
 4-H Youth Development Advisor  
 hsdasher@ucdavis.edu

QUANG "HOGAN" TONG  
 Program Representative  
 qtong@ucdavis.edu

For assistance  
 please contact  
 our office.

