

Memos

JANUARY 2008



The 4-H staff would like to welcome all new and returning families to the San Diego County 4-H Program. The 4-H Youth Development Program is the educational program of the University of California Cooperative Extension in partnership with the county, state and federal governments. The mission of our program is to help youth develop into responsible, self-directed, productive citizens of the world. The 4-H projects have a focus on citizenship, leadership, and developing life skills.

Youth Development research emphasizes the importance that youth development programs like 4-H play in the lives of young people. Research points to Essential Elements that form a positive youth development experience. These elements are **Belonging, Mastery, Independence, and Generosity.**

Belonging

All youth need to be involved in caring relationships with adults and other youth. A sense of belonging is the single most powerful positive ingredient in the lives of children and youth. 4-H leaders create a sense of belonging when they show interest in meeting each individual youths needs in the program.

Mastery

In order to develop self-confidence, youth need to feel that they are capable of solving problems and meeting challenges. Additionally, youth need to have a safe environment for making mistakes and getting feedback, not just through competition but also through other activities and involvement.

Independence

Young people need to know that they are able to influence people and events through decision-making and action. They need to understand the connection between independence and responsibility. The 4-H program does this by providing young people the opportunity to develop leadership skills in planning and running their own local programs.

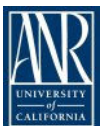
Generosity

The 4-H Pledge focuses on the importance of larger service and recognizing a responsibility for the welfare of others. 4-H clubs do this through community service projects.

It is clear that youth whose needs are met in positive ways are likely to grow into good citizens and contributing members of their families and their communities. The 4-H staff looks forward to supporting 4-H volunteers and families in making our 4-H program a positive learning environment that fosters the Essential Elements.

5555 OVERLAND AVENUE, SUITE 4101, SAN DIEGO, CA 92123 (858) 694-2861

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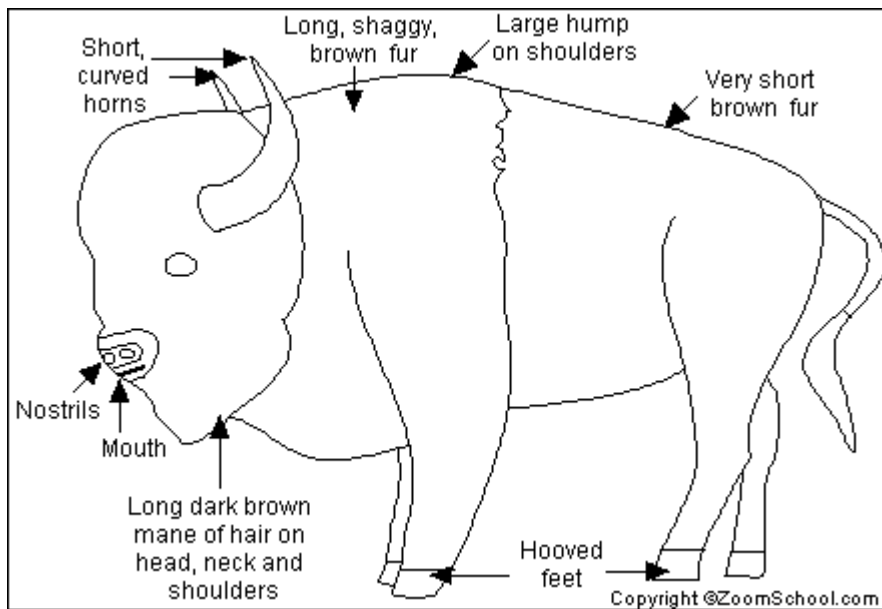
C.S.I. : Office of the County Veterinarian

What would you do if a cow, or better yet, a bison on your farm ate a toxic plant? What if the animal was treated by your veterinarian for a week and then dropped dead? Would you suspect that the toxic plant finally killed it? Or something else? How would you find out? Well, that is exactly what happened the beginning of November this year with a 16 week old bison that was submitted to our laboratory.

My name is Dr. Barry Rickman, and I am a veterinary pathologist that works for the Office of the County Veterinarian. This animal came to our laboratory one week after being evacuated during the wild fires in North County. When he returned to his farm, he had been fed on pasture with tobacco leaves and was subsequently treated for nicotine poisoning. He died one week later. Of course, the first thing suspected was that the poison got the best of the animal before the treatment kicked in. But the case got more exciting by the minute! During the animal autopsy (known as a necropsy), we found numerous severe ulcers in the mouth, tongue, esophagus and rumen consistent with a number of diseases, including diseases not found in the United States (called Foreign Animal Diseases). We had to act fast because if the bison did have a foreign animal disease we needed to prevent an outbreak. We sent tissues to the National Animal Disease Center in Plum Island, NY for testing. The lab confirmed that the bison was infected with a deadly sheep virus called Malignant Catarrhal Fever (MCF) that is present in the U.S. (**not** a foreign animal disease). We were able to act quickly and to work with the veterinarian and farmer to assure the safety of the other animals.

The County of San Diego is fortunate to have its own Animal Disease Diagnostic Laboratory, where four veterinary pathologists work along with other veterinarians and scientists, contributing their efforts to improve animal and human health in San Diego County.

If an animal dies on your farm, we are here to work with you and your veterinarian to determine what went wrong and how to protect the rest of your animals. Please call us at 858-694-2838 with any questions. Check out our website at www.sdcountyvet.org. Another interesting site to learn more about the history of our lab is: <http://vetpath.info/>.



Curriculum Materials Available To Project and Teen Leaders



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Head



Heart



Hands



Health

Supporting material such as handbooks, kits and lesson plans are available on a wide variety of project and activity subjects at the County 4H Office. There are several ways that adult and teen leaders can access these to use in their 4H projects. Kits are currently being catalogued and will be available for checkout after the first of the year for a two week period. Watch the up coming 4H Memos for a list of what we have in the office. Printed materials such as handouts, workbooks and lesson plans will be available by the following methods:

1. Contact Terri Barratt, our new 4H Secretary, 858-694-2853 and tell her which project or activity you are interested in. If you have a specific subject in a project such as cake decorating or swine nutrition that would be even more helpful. Give your name, club and mailing address and allow us one week to make the copies and send them to you.

Or

2. Come down to the 4H Office and browse through the curriculum files for the information you need. Pull the material you want and leave it for us to make a copy of it for you. We will then mail it to you within one week. If we have more than one copy we can give you the extra copy at the time you come to browse.

Eventually we hope to have a scanner and a copy machine available for 4H leaders to make their own copies of material on the spot. It is always a good idea to call ahead to make sure someone is here to help you.

If we do not have any material related to the specific project or activity you are interested in leading we can check with other counties for supporting project material. Also for projects not currently recognized by the California State 4H Youth Development program there is a process we need to go through identifying the educational goals and activities these new projects would contain and get approval by the state 4H office. The 4H staff is available to help you through that process.



ART AND DESIGN DAY- MARCH 15, 2008

Rancho Bernardo Swim and Tennis Club

We are looking for clubs interested in fund raising at Art and Design Day by providing breakfast in the morning and lunch in the afternoon. Proceeds from the food sales go directly into your local club budget, so if you are looking to add to your bottom line, this might be a great opportunity. Deadline to sign up to do this would be January 31, 2008. We can provide some advice and expertise based on last year's sales and recommendations for menus. We would like to see 2 different clubs sign up, one club for each meal, but if the response is limited, one club may serve both meals. Please contact Beth Prinz at 760-788-8991 or at bandbprinz@jps.net.

2008 SAN DIEGO COUNTY JUNIOR LEADERSHIP CAMP CAMP FOX

WHEN: Friday- Sunday, January 25-27

CHECK IN: 5 p.m. -8 p.m., Friday, January 25

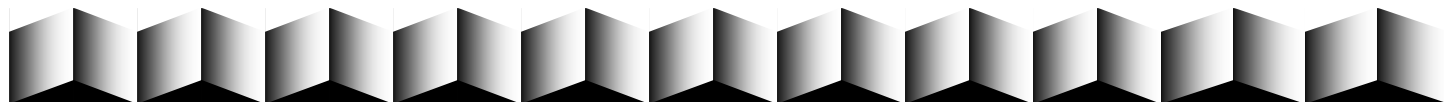
CHECK OUT: 12:00 noon, Sunday, January 27 (Cannot leave before noon)



COST: \$120.00 Includes Friday night snacks, 3 meals on Saturday, and breakfast Sunday.

\$45.00 Session Leaders

Chaperones are free



Don Diego Scholarship

DEL MAR, CA — The Don Diego Fund will award five scholarships to local high school seniors who have been involved in the San Diego County Fair.

Each scholarship is \$5,000. Scholarships will be awarded to one 4-H member; one FFA member; one former employee of the Del Mar Fairgrounds or the San Diego County Fair; and two students who have exhibited their work at the Fair. Applications are being accepted now through April 1 and are available on the Fairgrounds Web site.

The Don Diego Fund provides financial support for deserving San Diego County college-bound students. The fund was formed in 1986 as a lasting tribute to Tom Hernandez, who, in the role of Don Diego, was the legendary host of the San Diego County Fair from 1947 until his death in 1984. In his memory, the Don Diego Fund was created to provide college scholarships for outstanding San Diego County high school students who have participated in the annual San Diego County Fair or other events associated with the Del Mar Fairgrounds.

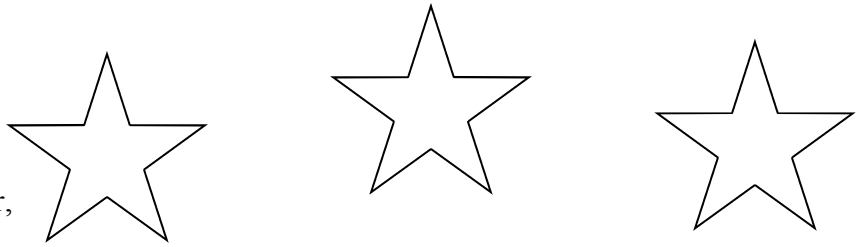
Since the first scholarships were awarded in 1986, The Don Diego Fund has distributed \$451,000 in scholarships and grants and has helped 103 students pursue a college degree. State and local "Agriculture in the Classroom" programs have received \$106,500 from the fund. In 2008, The Don Diego Fund will award approximately \$32,500 in scholarships and grants.

To be eligible for scholarship consideration, applicants must have participated in the San Diego County Fair or other events at the Del Mar Fairgrounds prior to this year and anticipate graduating no later than June 2008. Applications for the scholarships provided by The Don Diego Fund must be accompanied by a certified copy of high school transcript and postmarked on or before April 1, 2008.

In addition to participation in the San Diego County Fair, Don Diego Scholarship winners demonstrate the talent for organization, leadership, innovation, and make a valuable contribution to the community through participation in the Fair, their school, and extracurricular activities. Scholarships are not awarded on financial need alone. The scholarships may be used at a two- or four-year college or university.

For additional information and to download an application, please see the [Don Diego Fund page in the About Us section](#) of the San Diego County Fair site. To request an application form by mail, call (858) 755-1161, ext. 2401.

Dear Junior Livestock Leader or Advisor,



I hope this letter finds you all well after the recent events here in our county. Looking forward to 2008, we are very excited to announce that Jaime Mendoza has been selected as the San Diego County Fair Livestock Coordinator. Jaime has worked for the livestock department for the past 6 years and brings with him a wealth of information. He has been instrumental in the improvements made over the past several years that have made the show run so smoothly. Please join me in welcoming him to this new position.

With that, I would like to make you aware of important dates coming up:

Task Force Committee Meeting- Each of you is invited to participate on this committee. The committee meets once per year to plan the junior market week schedule and address issues and concerns regarding any of the junior shows. This year, the meeting will be held on Monday, December 3rd from 6:00 pm to 8:00 pm in the Del Mar Fairgrounds Board Room. A map is enclosed. We hope you will be able to join us for this opportunity to have input into the schedule before it goes to print in the Market Show Handbook.

San Diego County Fair- The dates of the Fair are June 14th – July 6. We will be closed on Monday, June 16th and Monday, June 23rd. Tentative Market Show dates are Sunday June 29th through Sunday July 6th. The theme of the Fair is “Summer of Sports.”

We will be sending out more information in the near future regarding other important meetings including the Leader and Advisor Informational Dinner, the Junior Advisory Committee and the Auction Committee. In the meantime, if you have any questions, please contact the exhibits department at (858) 792-4207. The livestock staff is only here on a periodic basis. They will begin regular office hours in January at which time you may reach them at (858) 792-4283 or e-mail livestock@sdfair.com.

Thank you for your continued support of the Junior Livestock Program at the San Diego County Fair.

Sincerely,

Katie Phillips
Exhibits Manager

Record Book Training:

Attend one of the **2008 Statewide 4-H Recognition and Record Book trainings**. These trainings are targeted towards a county training team (max 10 per county) of 4-H members (7th grade and up), 4-H volunteer leaders, and 4-H Staff. Trainings will be held on various dates throughout the state (note: additional dates are being offered). Registrations are due **January 31, 2008** and available at <http://www.ca4h.org/council/i-r/index.asp>.

Set your Master County 4-H Calendar for this event!

!!SAVE THE DATE!!



**The South Section Leaders' Council announces its Sectional Leaders' Retreat!!
APRIL 11-13, 2008**

Events will be held at the Nutrilite facility in Lakeview, CA (between Riverside & Hemet).

Early Bird registration fee (\$55 by 02/15/08)

Includes sessions, meals, and entertainment. Participants are responsible for their lodging.

Registration forms, hotel listing, and more information will be available soon!

Super Saturday !

Feb 2nd Hilltop Community Park in Rancho Penasquitos – event begins at 10:00 a.m.

Once again the San Diego County 4-H Program is sponsoring ***Super Saturday***. This countywide event provides members and leaders an opportunity to participate in educational programs, learn about what other clubs are doing, and have a lot of fun in the process! To help support this event, the event organizers would like to invite clubs and project groups to submit a booth application. Sponsoring a booth will give clubs and project groups an opportunity to showcase unique aspects of their program. This is an excellent opportunity to interact with 4-H members and leaders from across the county and to provide our new members with a chance to experience the 4-H motto - ***Learn by Doing***.

We need folks to present sessions at the event. Please let contact your local All Star for more information to reserve your spot at Super Saturday. Please contact me, Quang "Hogan" Tong at 858-495-5190 with any questions you have. Email: qtong@ucdavis.edu

**San Diego County
4H Leaders' Council**

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4-H San Diego County
Phone: (858) 694-2861



DATES TO REMEMBER

COUNTY OFFICE GATE CODE: 6952#

Date	Event	Location & Time	Contact	Phone #
Jan 1	All Star Applications accepted	County Office	Hogan	858-694-5190
Jan 7	County Council	County Office 7:00p.m.	Drew Middleton	858-756-2004
Jan 8	Horse Advisory	County Office 7:00p.m.	Carmen Rodriguez	760-966-0307
Jan 12	South Sect. Meeting	Mt. San Antonio College	Paulette Sauln	619-464-4394
Jan 12	Ag Judging Day Area 5,6 7	El Cap High School-Ag Room	Jamie Dyer	
Jan 14	All Star Meeting	County Office-6:00p.m.	Kevin Fletcher	619-669-1057
Jan 14	Teen Council Meeting	County Office-7:00p.m.	Cathy Mitchell	
Jan 18-20	TIC	Pathfinder Ranch	Paulette Sauln	619-464-4394
Jan 20	Horse Adv. Clinic-Flat Class	Tumbleweed	Carmen Rodriguez	760-966-0307
Jan 25-27	Junior Leadership Camp	Camp Fox	Carmen Rodriguez	760-966-0307

Feb 2	Super Saturday	Hilltop Rec Center-10:30a.m.	All Stars	
Feb 4	County Council	County Office 7:00p.m.	Drew Middleton	858-756-2004
Feb 9	Horse Adv. Bowl	County Office 7:00p.m.	Carmen Rodriguez	760-966-0307
Feb 11	All Star Meeting	County Office 6:00p.m.	Kevin Fletcher	619-669-1057
Feb 11	Teen Council Meeting	County Office 7:00p.m.	Cathy Mitchell	
Feb 12	Horse Advisory	County Office 7:00p.m.	Carmen Rodriguez	760-966-0307
Feb-29	All Stars Apps Due	County Office	Kevin Fletcher	619-669-1057

Mar 6-9	WRLF	Boise Idaho	Paulette Sauln	619-464-4394
Mar 8	Gymkhana/Horse Mastership	Camp Pendleton 9:00-5:00	Carmen Rodriguez	760-966-0307
Mar 10	All Star Meeting	County Office-6:00p.m.	Kevin Fletcher	619-669-1057
15-Mar	Art and Design Day	Rancho Bnrdo Swim & Tennis	Beth Prinz	760-788-8991
29-Mar	County Presentation Day	TBA	Cheryl Albee	

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STEVE DASHER
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QUANG "HOGAN" TONG
Program Representative
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CHECK OUT THE COUNTY 4-H WEB CALENDAR! VISIT IT AT:

<http://jamul4h.org/CountyCal/month.php>

For more information visit our website at <http://cesandiego.ucdavis.edu>



