

MEMOS

SEPTEMBER



OFFICER'S DAY

Officer Training Day

September 20th

Lakeside Middle School

9AM to 2 PM

Good Officers Are ...

Enthusiastic, tactful, loyal, honest, friendly -- that's one way to describe good 4-H officers. They let the members of the club help decide what the club will do and give everyone a fair chance.

Officers of 4-H clubs are representatives of the local club and of the entire 4-H program.

Can you answer these questions?

- Do I know the duties of my office?
- Am I willing to improve myself so I can be a better officer?
- Am I friendly? Do I work well with other members of the club and they with me?
- Do I willingly accept responsibilities assigned to me?
- Do I enjoy doing more than just what is required of me?
- Am I willing to give credit to others for work well done?
- Am I prompt in arriving at meetings?
- Does my appearance inspire confidence and respect?
- Am I kind, tactful and courteous?
- Do I use "please" and "thank you" when I should?
- Am I always fair in my decisions?
- Do I appreciate my parents and 4-H volunteers for their time, effort and devotion to club work?
- Will I attend a 4-H officers' workshop if it is offered for our club or county?

UNIVERSITY OF CALIFORNIA COOPERATIVE

San Diego County 4-H

Livestock (Food Animal) Projects Fall Workshop

October 4, 2008

Ramona Junior Fairgrounds, Ramona

This workshop is for both experienced and first year project leaders, individuals thinking of being a livestock project leader, teen leaders, members and new families that want to learn about livestock projects.

Time: 9AM to 2PM

RSVP: Please email Terri by September 30, 2008 at terri.barratt@sdcounty.ca.gov.

Please identify what livestock species you will be involved in this year.

The guest presentation will be by Creekside Veterinary Services on veterinary practices for a livestock project animal.

There will be:

individual species breakout sessions on for beef, sheep, swine, dairy and goats.

Join the San Diego County 4-H Equestrian Team

Make new friends, experience new places, try new things!

Being on the Equestrian Team involves several events including judging, hippology, horse bowl, public speaking and demonstrations.

Awards and scholarships possible for participation at different events

Open to any registered horse project member

Leader Safety and Certification training for all horse leaders is now required.

Leader Training and Certification will be in two parts:

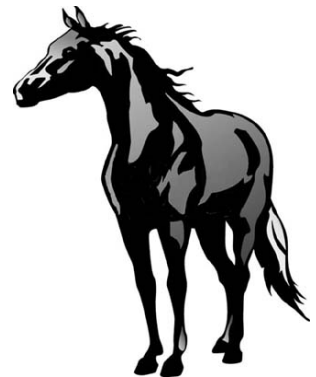
Part One: Policy and Procedures September 18th - County Office at 6:00 PM.

Part Two: Hands on Learning on October 11th - Location TBA

These meetings will go over basic competency required of all horse leaders for San Diego County 4-H.

Equine Learning Day, October 11th—Location TBA

Learn skills needed for horsemastership through a series of mini clinics on equitation, trail, and showmanship
Receive sample tests for each horsemastership level





Essential Elements of Positive Youth Development

Research on youth development has documented the important role programs like 4-H play in the lives of young people. The essential elements that contribute to positive youth development are belonging, mastery, independence and generosity. This year newsletter articles will focus on the element of belonging. Each month there will be ideas that clubs can use to strengthen members sense of belonging.

Belonging

Youth need to know that others care about them and feel a connection to a group. Components which create an environment that develops a sense of belonging in youth are a positive relationship with caring adults and an inclusive and safe environment. Caring adults acts as a guide and mentor who help set boundaries and expectations for young people. The adults create an environment that is welcoming to all youth. They show individual interest by actively listening to each youth and valuing their opinion. A healthy group celebrates the successes of all members-taking pride in the collective efforts of all. Safe environments allow youth to participate without fear of physical or emotional harm. Research suggests that a sense of belonging may be the single most powerful positive ingredient we can add into the lives of youth.

Ideas for Creating a Sense of Belonging

- Use name tags so the group gets to know each other on a first name basis.
- Celebrate and have fun together in addition to taking care of business.
- Take time to learn about each youth's cultural background.
- Remember each member's birthday with an announcement at the beginning of the meeting or with a card.
- Plan activities where there are no losers.
- Have an induction ceremony for new members
- Assign new members a mentor or a friendly helper.

Have members bring a "Show and Tell" representing their cultural heritage.

Icebreaker Game—

It's important for the persons attending the 4-H meeting feel as though they mattered and that their presence was noted. A good start to making a person feel noticed is to learn their name and the following game will help everyone remember new and old members' names.

"Willie the Worm"

Introduce the game by having participants create a circle, all facing inward. Ask each of the persons to think of their name and then of an animal whose name starts with the same letter as their first name. They will need to listen very carefully and remember not only the person's name, but also the animal they have chosen.

To start, the leader holds up a string or shoelace or some other long, wiggly item and starts by saying "Hi, my name is Mary the Magpie and this is Willie the Worm." She then passes Willie the Worm to the next person in the circle who says "Hi Mary the Magpie. My name is Sue the Squirrel, and this is Willie the Worm." The next person in line would say "Hi Mary the Magpie and Sue the Squirrel. My name is Steve the Shark and this

2009 SAN DIEGO COUNTY JUNIOR LEADERSHIP CAMP

January 23, 24, 25 2009

This conference is open to all 4-H members in grades 6, 7, 8 only. A member does not have to be a Junior Leader to attend. Chaperones must be a minimum of 25 years of age. The Conference is organized and conducted by the San Diego County Teen Council. Delegates will participate in sessions/workshops/activities that will help them develop leadership skills and increase their knowledge of 4-H!

WHEN: Friday- Sunday, January 23-25

CHECK IN: 5 p.m. -8 p.m., Friday, January 23

CHECK OUT: 12:00 noon, Sunday, January 25 (Cannot leave before noon)

Delegates will not be allowed to leave the conference for any reason once they have checked in.

If you cannot stay, please do not register -NO EXCEPTIONS. No late check-in.

WHERE: Julian – Lakeside Presbyterian Retreat Center

COST: \$50.00 Includes Friday night snacks, 3 meals on Saturday, and breakfast Sunday.

\$20.00 Session Leaders

Chaperones are free

PRESENTATIONS: Members giving presentation must fill out a session application and attend a mandatory audition. No exceptions! Sessions should be new, with no repeats from the previous two years. Session applications are due by December 5th. All Camp and chaperone applications are due by December 5th at 5:00 p.m. in the county 4-H Office.

ACCOMMODATIONS: Cabins with bunk beds; central showers and restrooms and a dining hall. Bring a sleeping bag, pillow, and warm blankets. All delegates will be assigned to a cabin and chaperone. Please request only one roommate. Requests for more than one roommate cannot be honored and will not be forwarded to the registration committee. Every attempt is made to honor roommate requests, however, it is usually impossible to honor all requests. To improve your chances, have the person you request as a roommate, request you as a roommate. Delegates are assigned to cabins and will not be reassigned at the camp. If, for medical reasons, a delegate must be roomed with a specific chaperone or with the camp nurse, write the chaperone's name or Nurse in the roommate request space and attach a brief explanation signed by a parent, guardian or adult leader. Requests for both a delegate roommate and a chaperone cannot be honored. Delegates are expected to participate in the assigned sessions. Part of the learning process for the conference comes from meeting new people and sharing ideas and experiences!

DRESS: Warm camp clothes -jeans, T-shirts, sweatshirts, jackets, comfortable shoes. Casual but warm. There will be a pizza party and dance on Saturday evening. Bring towels, washcloths, etc.

TRANSPORTATION: All participants must provide their own transportation to and from the conference.

REQUIRED: Registration Form and Medical Treatment Form

Youth or Adult 4-H Enrollment Form

Conference Fee -\$50.00 (payable to: SD County 4-H Teen Council)

Clubs must turn in the delegate applications together as a group along with chaperone application and the Club Check. Individual checks not accepted.

Conference limit is 30 delegates maximum. Reserve your space now!!! Please include a separate sheet of paper with the name of your club, check number and a list of delegates being paid for. Reminder: your Club will be required to send Chaperones if you have more than 2 (two) members attending the Conference. We need adult Chaperones (male and female but particularly males) 1 per 8 members of same gender. Contact the 4-H office for more information at

(858) 694-2861.



SAN DIEGO COUNTY JUNIOR LEADERSHIP CAMP APPLICATION

NAME: _____

ADDRESS: _____

PHONE: () _____ CLUB: _____

YOUTH DELEGATE INFORMATION

PARENT/GUARDIAN NAME: _____

GRADE: _____ MALE FEMALE

DELEGATE YOU WOULD LIKE TO ROOM WITH: _____

CHAPERONE INFORMATION

MALE FEMALE

CHAPERONES ARE REQUIRED TO PERFORM CAMP RELATED DUTIES ASSIGNED BY THE CAMP COORDINATORS. CHAPERONES COULD BE ASKED TO ASSIST IN PREPARING MEALS, OBSERVING SESSIONS, ESCORTING DELEGATES TO AND FROM CABINS, COURTEOUSLY ENFORCING CAMP RULES, ETC. THERE WILL BE A MANDATORY CHAPERONE TRAINING AT CAMP. CHAPERONES MUST BE APPROVED 4-H LEADERS.

AS A CHAPERONE, MY SIGNATURE CERTIFIES THAT I AM AT LEAST TWENTY-FIVE (25) YEARS OLD AND WILLING TO ASSIST THE CAMP STAFF, DOING WHAT IS NECESSARY TO PROVIDE YOUTH WITH A POSITIVE EDUCATIONAL EXPERIENCE.

SIGNATURE: _____ DATE: _____

DEADLINE TO COUNTY OFFICE: 5:00 PM December 5, 2008

COUNTY USE ONLY

DATE RECEIVED: _____ CHECK #: _____ AMT: _____

ENROLLMENT FORM ON FILE: _____ COC: _____ MRF: _____ CABIN#: _____

SESSIONS: _____

SAN DIEGO COUNTY JUNIOR LEADERSHIP CONFERENCE
SESSION LEADER APPLICATION

NAME _____

ADDRESS _____

PHONE _____ GRADE * _____

CLUB _____

NAME _____

ADDRESS _____

PHONE _____ GRADE* _____

CLUB _____

TITLE OF SESSION (no session from previous 2 years) _____

DESCRIPTION _____

EQUIPMENT/SUPPLIES NEEDED _____

*Session Leaders must be currently in the 9th grade

SESSIONS MUST BE 45 MINUTES IN LENGTH. SESSIONS MUST BE APPROPRIATE FOR 6TH-8TH GRADERS. SESSION LEADERS MAY BE REQUIRED TO PRESENT SESSIONS TWICE. MOST SESSIONS WILL BE PRESENTED OUTDOORS
SESSION LEADERS ARE RESPONSIBLE FOR OVERALL PROGRAM OPERATION

Please complete this form and return to Quang "Hogan" Tong at the 4-H office by **December 5, 2008.**

Auditions will be held the following week.

SAN DIEGO JUNIOR LEADERSHIP CONFERENCE

ADULT ADVISOR/CHAPERONE APPLICATION

NAME _____

ADDRESS _____

PHONE _____

CLUB _____

POSITION _____ CONFERENCE ADULT ADVISOR
_____ TEEN COUNCIL ADVISOR
_____ ALL STAR ADVISOR
_____ CHAPERONE MALE FEMALE
_____ OTHER (CHEF, MEDICAL/ EMERGENCY, ETC.)

PLEASE BE SURE TO INCLUDE ALL THE REQUIRED FORMS:

_____ ADULT MEDICAL RELEASE FORM
_____ CODE OF CONDUCT

CHAPERONES MUST BE CERTIFIED ADULT LEADERS IN 4-H

ALL CLUBS SENDING DELEGATES MUST SEND CHAPERONES

OR DELEGATES WILL NOT BE ADMITTED TO CAMP.

San Diego County

4H Leaders' Council :

Terry Stark

President

skstark@gonramp.com

Robbie Cranor

Vice President-Fundraising

robert.e.cranor.jr@saic.com

Kevin Fletcher

Vice President-Programming

k.fletch@cox.net

Charla Cranor

Treasurer

arabian@nether.net

Rhiannon Stark

Secretary

thanxcptnobvious@yahoo.com

Debi Parker

Corresponding Secretary

debip@sbcglobal.net

County Office 4-H Staff:

Sue Manglallan

4-H Youth Development Advisor

ssmanglallan@ucdavis.edu

Steve Dasher

4-H Youth Development Advisor

hsdasher@ucdavis.edu

Quang "Hogan" Tong

Program Representative

4-H Shooting Sports Course

October 18 - 19, 2008

Shotgun Discipline

Cost \$30

Ukiah, CA

A shotgun trainer course will be held, Saturday and Sunday,

October 18-19, 2008, from 9:00am-5:00pm at the Ukiah Gun Club, in Mendocino County. Upon successful completion of this two-day course, participants will be certified as 4-H leader trainers, and will be eligible to serve as shooting sports project leaders, as well as

instruct and certify other volunteers in the discipline of shotgun. Cost for the course is \$30, which includes shotgun shells, clay targets,

continental breakfast and lunch both days, and class materials. Teen Leaders may attend, with a participating adult volunteer. The course will be limited to twenty (20) participants. You must be an appointed 4-H volunteer or member to attend this training. Send Training Request Form (found at

<http://ca4h.org/projresource/shootingsports/index.asp>) with fees payable to: "Mendocino County 4-H Council" to

UCCE 4-H Shotgun

890 North Bush Street

Ukiah CA 95482

4-H Shooting Sports Workshop - Rifle Discipline

Saturday, October 11, 2008 – 8:00 a.m. – 5:30 p.m.

Sunday, October 12, 2008 – 8:00 a.m. – 4:30 p.m.

San Bernardino County is hosting a 4-H shooting sports workshop for the rifle discipline. It will be held at Raahauge Shooting

Enterprises, 14995 River Road in Corona. Participants must attend both days of training to receive certification. Upon successful completion of the course, the participant will be certified as rifle trainer and can lead a rifle project at the club level or serve as county trainer to certify other leaders. There is no cost for the course. Continental breakfast and lunches will be provided both days courtesy of the Monte Vista Diamonds 4-H Club. To register for the course contact John Borba at: jaborba@ucdavis.edu or Cheryl Eggleston

4-H Program Rep, San Bernardino County, (909)387-2179

(909)387-3306 fax

caeggleston@ucdavis.edu



**COUNTY OFFICE GATE CODE:
3050#**

Date	Event	Location & Time	Contact	Phone #
Sept 1	NEW 4-H Year Begins			
Sept 6	Online Registration Training	County Office 9:00a.m.–12:00	Colleen	858-505-6538
Sept 8	County Council	County Office 7:00	Terry Stark	858-692-4312
Sept 8	All Star Meeting	County Office 6:00	Kevin Fletcher	619-669-1057
Sept 8	Teen Council	County Office 7:00	Cathy Mitchell	
Sept 9	Horse Advisory	County Office 7:00	Carmen Rodriguez	760-966-0307
Sept 18	Horse Leaders Training	County Office 6:00	Carmen Rodriguez	760-966-0307
Sept 20	Officer Day	Lakeside Middle School 9-2	Hogan	858-495-5190
Sept 26	Officer Books Due	County Office	Hogan	858-495-5190

Oct 4	Large Animal QA training	Ramona Fair Grounds	Steve Dasher	858-694-8874
Oct 5-11	National 4-H Week			
Oct 6	County Council	County Office 7:00	Terry Stark	858-692-4312
Oct 8	National Youth Service Day			
Oct 11	Shooting Sports Leader trng	Rifle Certification-Corona	Cheryl Eggleston	909-387-2179
Oct 11	Equine Learning Day	TBA	Carmen Rodriguez	760-966-0307
Oct 13	Teen Council	County Office 7:00	Cathy Mitchell	
Oct 13	All Star Meeting	County Office 6:00	Kevin Fletcher	619-669-1057
Oct 14	Horse Advisory	County Office 7:00	Carmen Rodriguez	760-966-0307
Oct 18-19	Shooting Sports Leader trng	Ukiah, CA	John Holder	707-485-8445
Oct 25	Horse Advisory	Halloween Playday-TBA	Carmen Rodriguez	760-966-0307

Nov 3	County Council	County Office 7:00	Terry Stark	858-692-4312
Nov 8	Draft Horse Day	Lakeside	Carmen Rodriguez	760-966-0307
Nov 10	Teen Council	County Office 7:00	Cathy Mitchell	
Nov 10	All Star Meeting	County Office 6:00	Kevin Fletcher	619-669-1057
Nov 11	Veteran's Day	County Office Closed		
Nov ?	Horse Advisory	County Office	Carmen Rodriguez	760-966-0307
Nov 14-16	Teen Retreat	Lakeside Presb Retreat Center	Hogan	858-495-5190
Nov 27-28	Happy Thanksgiving	County Office Closed		

The University of California prohibits discrimination or harassment of any person on the basis of race, color, national origin, religion, sex, gender identity, pregnancy (including childbirth, and medical conditions related to pregnancy or childbirth), physical or mental disability, medical condition (cancer-related or genetic characteristics), ancestry, marital status, age, sexual orientation, citizenship, or service in the uniformed services (as defined by the Uniformed Services Employment and Reemployment Rights Act of 1994; service in the uniformed services includes membership, application for membership, performance of service, application for service, or obligation for service in the uniformed services) in any of its programs or activities.

University policy also prohibits reprisal or retaliation against any person in any of its programs or activities for making a complaint of discrimination or sexual harassment or for using or participating in the investigation or resolution process of any such complaint.

University policy is intended to be consistent with the provisions of applicable State and Federal laws.



CHECK OUT THE COUNTY 4-H WEB CALENDAR! VISIT IT AT:

<http://jamul4h.org/CountyCal/month.php>



Officer Day Schedule

- 8:00 AM – Setup
- 8:30 AM – Registration Begins
- 9:00 AM - Opening
Flag Salute
Pledge
- 9:15- 9:45 AM – Morning Address
Josh Raser- Service to Community – Why I joined the Peace Corp
All Star – Rhiannon Stark- What being an Officer means to Me
- 9:45 AM – 10:00 Morning Get to know you Game one – Rhiannon Stark and Cori Hoody
- 10:00 AM – 10:45 First Sessions
Presidents – Neal Woodall and Debbie McAdams
Treasurers - Jon Fowler and Drew Middleton
Secretaries – Andrea Cornelius
Parliamentary Pro – Wade Colburn
- 10:45 AM –11:00 Morning Get to know you Game two – Cori Hoody and Rhiannon Stark
- 11:00 – 11:45 Second Sessions
Ice Breakers – Charla Cranor
Fundraising – Debbie McAdams
Presentation Day Leaders – Grace Parra
Cultural Diversity – Paulette Sauln
- 11:45 – 12:30 Lunch
- 12:30 – 1:15 PM afternoon sessions
Presidents – Neal Woodall and Debbie McAdams
Treasurers - Jon Fowler and Drew Middleton
Secretaries – Andrea Cornelius
Parliamentary Pro – Wade Colburn
- 1:15 – 1:30 PM Emerald and All Star Presentation – Robin Whitecotton
State Leadership Conf. and Junior Leadership Conf. – Bill Woodall
- 1:30 – 2:00 Closing address
- 2:00 – 3:00 Clean up