



# 4-H Memos



University of California Cooperative Extension \* San Diego County \*

## APRIL, 2003

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## Volunteer of the Month



Paulette Sauln was honored by the San Diego County board of Supervisors as Volunteer of the Month for March, 2003.

Paulette Sauln has provided outstanding leadership and guidance to the San Diego 4-H Program on County, State, and national levels.

On the County level, Paulette has had a major impact serving as President of the 4-H County Council.

Paulette has been in the 4-H Program as an active leader for 11 years, fulfilling the roles of Project Leader, Community Club Leader, County Council President, Diamond Star Advisor, Regional Representative, and has been a delegate at the National Conversation. Her outstanding efforts and dedication are a gift to both youth and adult members of the San Diego County 4-H Program.

Through her outstanding volunteer efforts, Paulette has unselfishly given thousands of hours of quality time and energy to the youth and adult members of the San Diego County 4-H Program by providing her own special leadership and guidance.

Additionally, Paulette continues with her outreach efforts to promote all San Diego County youth organizations.

5555 OVERLAND AVENUE, BLDG. 4, SAN DIEGO, CA 92123 (619) 694-2845

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University of California, County of San Diego and the United States Department of Agriculture cooperating.

## Del Mar Fair What's New In 2003

### 2003 Wash Specifications

A new wash rack will be installed on the east side of the small animal building for use during the 2003 San Diego County Fair. Each market exhibitor will be allowed **ONE** wash during Market week. All species will be washed in this area. Please refer to Rule 23 on page 6 in your competition handbook.

The wash racks will be open from 5:00 a.m. - 9:30 a.m. **ONLY.** A staff member will be there to check ear tags and exhibitor names. However, anyone using the wash rack must have an adult leader, advisor or parent who is responsible for the safety of the exhibitor and their animal while using the wash rack.

Each club will be allowed to bring one pig walker to help facilitate moving the swine to the wash racks. Walkers must be stored in wash rack or stable area, unless you have an area in your pens where walkers can be stored out of the aisle way.

## San Diego County Fair Seeks Horse Project Demonstrations

We are looking forward to another great year at the 2003 San Diego County Fair. We hope that you will be joining us again at the San Diego County Fair Horse Show.

You may be familiar with the World of Horses Display located in the infield. We are looking for volunteers to do demonstrations during the fair. The demonstrations will take place in the World of Horses at 11:00 am. The demonstrations can vary in topic from grooming, tacking to fitting a saddle or any interesting horse related demonstration or lecture. Please consider this offer, I would be able to give you single day credentials and a parking pass for your help. The World of Horses will be open from June 13 until June 30. I will need a different demonstration for everyday so there is plenty of room for many clubs to get involved. This is a great opportunity to work on your public speaking and learn how to put together a presentation as well as receive credit for your record books. If you are interested in getting involved in the demonstrations, please call *Christine Van Slyke* at 858-755-1161, extension 2484. I look forward to hearing from you.

## Hallmark's Museum Kaleidoscope

The San Diego Children's Museum/ Museo de los Ninos is bringing Hallmark's free mobile museum Kaleidoscope to town! We are celebrating the spirit and wonder of creativity and YOU are invited to come and play! We need your help facilitating simple art activities with children. We invite you to organize a team of 6-8 volunteers, or donate your time as an individual. Dates are March 31st - April 30th with afternoon and morning shifts available of 3-4 hours each. Volunteer Teams will be officially recognized as Volunteer Hosts on Museum signage, the Museum website, and the Museum newsletter. Contact Jennifer Case at 619-233-8792 ext. 107 or [jennifer@sdcm.org](mailto:jennifer@sdcm.org) for details.

## Bring Home The World

The California State 4-H office is currently matching 4-H families in California with Japanese teens who will be visiting this summer from July 26 to August 22. We will be placing 24 Japanese teens with host families who share similar interests and have a child of the same gender and close in age. Besides the opportunity for new friendships, this family home-stay experience provides an educational experience that changes lives forever. Young people learn about each other's values and lifestyles first-hand. The exchange promotes family togetherness. In addition, while learning about another country, teens develop a sense of responsibility and an increased awareness of their own culture and values.

If you're interested in getting involved or would like more information, contact Pat English at (530) 754-8520 or [penglish@ucdavis.edu](mailto:penglish@ucdavis.edu).

## 2003 4-H Statewide Scholarships And Awards

Thousands of Dollars in State 4-H Awards! Don't miss the deadline of May 30, 2003! Awards are provided for 4-H members and leaders by donations to The California 4-H Foundation. Application forms have been revised and posted on the 4-H website at <http://ca4h.org/4hresource/ir/>

### Scholarships:

Mabel W. Jacks Scholarship  
(\$700 for high school graduating and college 4-H members)

Samarin Family Vocational Scholarship  
(\$1,000 for vocational training)

Jack and Robert Clay Memorial  
(\$250 and \$100 for outdoor adventure projects)

### Awards:

Keith Barnes 4-H Leader Recognition Awards  
(scholarships for 4-H volunteers to attend State Leaders Forum)

### Project Funding:

The 4-H Legacy Fund Awards  
(up to \$1,000 for 4-H clubs, groups and individual projects)

## West Nile Virus

The West Nile Virus is a mosquito-borne virus that has spread from New York to California. For prevention information, access the Department of Environmental Health at [www.SDFightTheBite.com](http://www.SDFightTheBite.com).

# SAN DIEGO COUNTY HORSEMASTERSHIP TESTING DAY

April 12, 2003

Tumbleweed Arena, Lakeside

Fees: \$15.00 per person

Check-in: 8:00 AM

TESTING WILL BEGIN PROMPTLY AT 9 AM

**ENTRIES CLOSE:** Entries must be received by April 5, 2003. Postmarks will not be accepted. **Late entries will be accepted with a \$5 late fee.**

**MAKE CHECKS PAYABLE TO:**

San Diego County 4H

**MAIL ENTRIES TO:**

Nancy Christensen  
14041 Mussey Grade Rd  
Ramona, CA 92065

## **General Rules:**

1. Leaders must sign form indicating that the member is ready to attempt the test. The signature of the leader indicates that the Horsemastership program outline has been followed, and that each line item on the Evaluation Progress Sheet has been signed off.
2. Entry fee: \$15 per person
3. A rider MAY challenge any level, but once a level has been attempted, the rider may not go back and challenge a lower level.
4. Riders who participated in the old Horsemastership program (2001 or before), and who have not yet been tested in the current program, have the option of repeating a level already completed, or even challenging one level below their current "level".
5. The test will consist of four parts: written, showmanship, riding skills and trail. Each part of the test will be worth 50 points. Member MUST score at least 25 points on each of the four tests, and have a total combined score of 140 points out of the 200 possible in order to medal (complete the level).
6. Members have the option of attempting to pass two levels on the same testing day. Please note that if a second (higher) level is attempted, and the first level is not passed, the member will not be eligible to re-challenge the lower level in the future.
7. One horse per rider must be used for the entire test.
8. All exhibitors participating in this event must be accompanied by a parent, legal guardian and/or adult 4H leader while on the grounds.
9. Attire: Show apparel or whites. Helmet and boots required.

**Skills to be Tested** (remember that higher levels include the skills of lower levels):

### **Level 1**

Showmanship — Lead at a walk, square, move around horse.  
Equitation — Walk/jog  
Trail — Walkovers, jog overs, back between poles, bridge  
Knowledge — Parts of horse, saddle, bridle, safety rules, etc. Level 2-  
Showmanship — Trot with horse, back, pivot, grooming, personal appearance  
Equitation — Walk/jog/lope  
Trail — Gate, backing chute, mailbox, change of rein hand  
Knowledge — Colors, markings, breeds, gaits, hoof and body parts, etc.

### **Level 3-**

Showmanship - Smoothness and skill more complexity, grooming, personal appearance  
Equitation — Walk/jog/lope  
Trail — Lope poles, sidepassing, Back 'L'  
Knowledge — Behavior, instincts, feeds, bits, tack, jumps, etc.

### **Level 4-**

Showmanship — Smoothness and skill — more complexity, grooming, personal appearance  
Equitation — Forehand turn, lead changes, turn on hind, etc.  
Trail — Increased complexity of obstacles  
Knowledge — Health, parasites, first aid, conformation, unsoundness, blemish, etc.

Evaluation Program sheets are available at [www.geocities.com/starhorseproject](http://www.geocities.com/starhorseproject)

**SAN DIEGO COUNTY HORSEMASTERSHIP TESTING DAY**

**April 12, 2003**

**Tumbleweed Arena, Lakeside**

**ENTRY FORM**

Name of Exhibitor: Please Print	Age:
Address:	
City, State, Zip Code	
Phone Number:	E-Mail:
Club:	

Have you tested in the Horsemastership Program before? YES NO

If you answered YES, what year did you last take the test?

What Level did you last test? 1 2 3 4

Did you pass? YES NO

LEVEL TO BE CHALLENGED: \_\_\_\_\_

SECOND LEVEL TO CHALLENGE (Optional) \_\_\_\_\_

LEADER: I certify that _____ has completed all of the requirements for Level _____ and is ready to be tested.  _____ Leader Signature  _____ has also completed the requirements for Level _____ .
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My child, \_\_\_\_\_ has my permission to participate in the San Diego County Horsemastership Testing Day. I further authorize the adult in charge to do whatever he/she deems necessary, including necessary emergency treatment and/or placing him/her under a physician's care in the event of illness or physical injury. I further understand that while at the event, my child is expected to adhere to the 4-H Code of Conduct. I further acknowledge that a 4-H Hold Harmless Agreement is on file at my local 4-H office.

\_\_\_\_\_  
Parent/Legal Guardian Signature

\_\_\_\_\_  
Print Parent/Legal Guardian Name

## Shooting Sports Leader Training For Shotguns

**WHEN:** Saturday, April 5 – 8:00 a.m. – 5:00 p.m.  
AND Sunday, April 6 – 8:00 a.m. – 2:00 p.m.

**WHERE:** Redding, CA 530-224-4900  
You will meet at the north end of the Redding Convention Center

**COST:** \$25.00 / person  
Checks should be made payable to "Shasta County 4-H Council"

**BRING:** Appropriate firearm, compatible ammunition (no re-loads), eye protection, earplugs, notepaper & pencil.

### ACCOMODATIONS:

Best Inn / 530-221-4472  
Howard Johnson / 530-223-1935  
Super 8 / 530-221-8881  
Vagabond / 800-522-1555  
Motel 6 / 530-221-1800  
Oxford Suites / 530-221-0100

**INSTRUCTOR:** Lupe Baker and Don O'Connell

**REGISTRATION:** Please register via e-mail or phone by **Wednesday, April 2nd.**

Volunteers must attend both days to receive certification. We will need full name, address, phone and county. Counties will receive verification of those who have completed the training. Feel free to contact the 4-H Office at 530-224-4900 with any additional questions.

## 19th Annual California Range And Natural Resources Camp

The 2003 Range and Natural Resources Camp, sponsored by the California Section of the Society for Range Management, University of California Cooperative Extension, will be held at the Elkus Youth Range near Half Moon Bay, California, June 15-20, 2003. The camp will begin with registration on Sunday, June 15 at 4:00 p.m. and end on Friday June 20 after lunch.

Range Camp is designed to introduce young men and women to the extent, importance and value of California's range and resources. Range Camp encourages leadership and good stewardship through interaction with recognized professionals in both classroom and field sessions.

Young men and women, ages 15-18 by June 15, 2003, with a sincere interest in the management of our natural resources are eligible. Selection is made without regard to race, creed, origin or sex in accordance with federal and state laws for affirmative action.

Applications can be obtained by contacting the 4-H Office at 858-694-2861. The camp is limited to 25 campers. All applicants will be notified if their selection by May 24.

## VOLUNTEER OPPORTUNITY

With 2003 just around the corner, PEP (Performance and Entertainment Program for adult care facilities) requests your help in continuing to brighten the day for many senior residents with seasonal artwork. We can't express enough appreciation for the many smiles this brings to the residents and we hope we can continue to count on your support! You play a large part in cheering our elderly friends.

Here is the schedule for the coming year . . .

February	Valentines Day	2/1 due date
March	St. Patrick 's Day	3/1 due date
April	Spring Holidays	4/1 due date
May	Mother's Day, Memorial Day	5/1 due date
June	Father's Day, Flag Day	6/1 due date
July	4th of July	7/1 due date
August	Beach scenes	8/1 due date
September	Back to School scenes	9/1 due date
October	Halloween, Autumn	10/1 due date
November	Thanksgiving	11/1 due date
December	Winter Holidays	12/1 due date

Thank you! Just a reminder, if you are a school teacher and your school has access to laminating, the residents really enjoy having laminated artwork to use as place-mats . . . these can be used year after year to enhance the seasonal celebrations.

Please contact Andrea Ladmer at (619) 593-7377 or email us when the artwork is ready to be distributed so we can arrange for pick up or drop-off.

Thanks so much!

## Incentives and Recognition Committee

4-H Members and Volunteers:

As the California 4-H Youth Development Program moves forward with our new Mission and Direction, we have evaluated the Incentives and Recognition Committee. The 4-H Program Advisory committee has discussed the future of incentive and recognition programs during two meetings, and has helped us reshape the committee.

Members (6 youth, 3 volunteers, and 3 county staff) will meet to review, formulate, and evaluate statewide incentives and recognition programs and activities including the state competition, scholarships, awards, and more! Committee members may, if they desire, also opt to serve on sub-committees that will handle the logistics and details of the state competition, scholarships, record books, etc.

The CA 4-H Youth Development Office is seeking new members for the 2003-2004 4-H Incentives and Recognition Committee. Youth members (ages 14 and up), adult volunteers, and county staff are encouraged to apply. Applications are accepted until April 11.

The application is available at: <http://ca4h.org/council/i-r/>

## SAN DIEGO COUNTY 4-H CALENDAR

DATE	EVENT	LOCATION	PHONE or CODE
<b>April</b>			
1	Don Diego Scholarship App Due	San Diego Fairgrounds	Jane 858-755-1161
5	Area 1 Presentation Day	St. Stephen's Lutheran Church	Stacy 760-728-4235
5	Area 2 Presentation Day	House of Prayer—Escondido	Gail 760-743-2950
5	Area 3 Presentation Day	Old Poway Park	Kristina 858-679-2072
5	Area 4 Presentation Day	Julian Jr. High	Stacy 760-765-2979
7	Executive Council Meeting	6:30 p.m. 4-H Office	*Gate Code 3144#
8	Horse Advisory Committee	7:00 p.m. 4-H Office	*Gate Code 3144#
10-12	You See UC Days	UC Davis	Scott 858-495-5190
12	Bonsall 4-H Dog Show	TBA	Bonnie 760-630-1503
12	Horsemastership Testing Day	Tumbleweed Arena, Lakeside	Nancy 760-788-8180
14	Teen Council Mtg.	6:30 p.m. 4-H Office	*Gate Code 3144#
19	Area 1 Sheep Field Day	Fallbrook High School	Alice 858-522-4326
26	Rancho Poway Dog Show	TBA	Elizabeth 760-744-7763
26	State 4-H Leaders Council Mtg.		
26	Home Arts Day	Ramona Elementary	Sue 858-694-8836
28	Japanese Exchange Apps Due		
<b>May</b>			
3	County Presentation Day	Village Community Church	Jean 760-728-7877
4	Lakeside Horse Show		
5	County Council Meeting	6:30 p.m. 4-H Office	*Gate Code 3144#
11-18	East County Fair	East County Fairgrounds	
12	Teen Council	6:30 p.m. 4-H Office	*Gate Code 3144#
17	Sectional Presentation Day	Mt. Sac—Walnut, CA	Gail 760-743-2950
17	Area 4 Judging Day	Julian High School	Margaret 760-765-3381
17-18	Fallbrook Youth Fair	Fallbrook High School	
18	Area 2 Judging Day	Gang Ranch	Robert 760-749-5211
18	Area 2 Field Day	Gang Ranch	Robey 760-749-0294
20	Horse Advisory Meeting	7:00 p.m. 4-H Office	*Gate Code 3144#
24	State Presentation Day	UC Davis	
31	Area 3 Judging Day	Olivenhain Town Hall	Judy 760-632-7797
<b>June</b>			
1	Alpine Amigos 4-H Dog Show	TBD	
2	Exec. Council Meeting	6:30 p.m. 4-H Office	*Gate Code 3144#
9	Teen Council Meeting	6:30 p.m. 4-H Office	*Gate Code 3144#
10	Horse Advisory Meeting	7:00 p.m. 4-H Office	*Gate Code 3144#
15-20	Cal. Range/Natural Resources Camp	Elkus Ranch, Half Moon Bay	Edie 619-532-3618
20-24	California Focus		
21-28	Washington Focus #1		

\* In light of the current war, please call the 4-H Office on the meeting day for updates on additional security measures imposed at the County Operations Center.

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For assistance  
please contact  
our office.

